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**What is Fecal Incontinence?**



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# What is fecal incontinence?

Fecal incontinence refers to the inability to control bowel movements. This can include minor leakage or complete elimination of bowels.



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# What causes fecal incontinence?

- Diarrhea
- Constipation
- Lack of rectal elasticity
- Muscle/Nerve damage
- Hemorrhoids
- Rectal prolapse



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# What are the symptoms of fecal incontinence?

- Strong urge to defecate
- Gas and bloating
- Diarrhea
- Constipation



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# How is fecal incontinence diagnosed and treated?

- Colonoscopy
- Digital rectal exam
- Anal manometry
- Proctography
- MRI

The treatment for fecal incontinence depends on the reason it is occurring in the first place. Some possible avenues of treatment include:

- Medication
- Exercises and therapy
- Bowel training
- Surgery



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